

## Handout: Dating and Relationship Red Flags

This chart highlights common warning signs of deceptive behaviors.

Red Flag	Description
Inconsistent or vague information	Profiles with conflicting or minimal details may indicate dishonesty.
Avoiding personal questions	Evading personal questions can mean someone is hiding something.
Rush to move offline	Wanting to quickly move to personal emails or apps is a sign of caution.
Requesting money	Any request for money is a major red flag, no matter how convincing the story.
Refusing to video chat	Avoiding video calls can suggest the person isn't who they claim to be.
Excessive compliments early on	Overly affectionate messages early on may be a tactic to gain trust quickly.
Inconsistent availability	Frequent unavailability or changes in schedule could indicate deceit.
Avoiding meeting in person	Consistent excuses to avoid meeting in person after a reasonable time is a warning.
Overly tragic stories	Sharing dramatic personal stories early on can be used as manipulation.
Pressure for intimacy	Pushing for intimate conversations or actions too soon is a major red flag.
Inconsistent pictures	Professionally edited or mismatched photos may be fake.
Negative talk about exes	Constantly talking negatively about past relationships can signal unresolved issues.
Lack of social media presence	Minimal or no social media presence can be suspicious.
Immediate declarations of love	Proclaiming love too soon can be a tactic for manipulation.
Reluctance to share basic details	Hesitation to share personal details like their full name or occupation is a red flag.
Excessive flattery or love bombing	Over-the-top affection early on may be a tactic to manipulate emotions.
Aggressive or controlling behavior	Signs of control or aggression are serious red flags.
Sob stories leading to requests	Emotional stories that lead to a request for help, especially financial, can indicate a scam.
Unwillingness to compromise	Rigidity in preferences or unwillingness to compromise may indicate issues ahead.